

LOOKING WITHIN

Discernment

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Discernment:

In a world where illusion prevails, discernment is our best tool to remain centered and clear.

Discernment is very personal. Everyone practices it differently.

Discernment is to feel the truth for one's self while surrounded by drama.

Discernment empowers us to be in the moment, embrace our own truth, while not condemning anyone in the process.

Discernment is a constant journey. It is a reminder to be consciously aware of the deep truth of who we really are.

Discernment is the opposite of belief.

Belief is the imprinting of outside references.

Our HEART is our guide to discernment.

Our intellect is NOT.

Let's choose our heart.

It is a gentle and true guide.

Remember, be gentle with yourselves and let peace be with you.